



WORLD CANCER DAY 2005

Meaning in Suffering

Perhaps it is not through a life of ease that we come to know our true selves – but maybe we learn of this more through the adversity that destiny deals to us.

Such adversity gently encourages us to ask the question – what is our real identity? Are we just this outer shell? Or is there another dimension to our makeup that does not share limitations of the physical realm.

The fluctuations and challenges we experience through our mortal body eventually lead us to another source – the source within that is non-physical – our eternal being of spirit that has always and continues to stand the test of time and all its tribulations.

When we have the faith to trust in this spiritual dimension then we find the power to rise to the challenges of the physical dimension.

Suffering can be our greatest teacher as it leads us to the place of inner being where we find an ocean of qualities like love, courage and humility and if God is the blue print of this spiritual ocean then it is guaranteed that as His children we come in to this life already equipped with these virtues.

Once we have exhausted all the games of the physical plane there is only one more place to go and that is 'within' to the stillness like deep water where true acceptance is felt, acceptance brings peace, peace brings power and with this power we meet our challenges with love and dignity.

Om Shanti

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