

Centre/Kindergarten: _____

Contact Name: _____ Position: _____

Address: _____

_____ Postcode: _____

Telephone: _____ Fax: _____

Email address: _____

Best time to be contacted: _____

Centre type: (long day care, sessional kindergarten, occasional care, etc) _____

Age group attending centre: (Birth–3 years, 3–6 years, birth–6 years) _____

Privacy:

*Your centre contact details will be used to provide you with information and resources relating to Cancer Council SA. All centre information will be at all times kept private and confidential, and no identifying information will be used for statistical purposes. If you wish to discuss the storage and use of your details, please contact **Cancer Council Helpline 13 11 20**.*

In South Australia it is recommended that a comprehensive skin protection policy be implemented when the ultraviolet radiation level (UVR) reaches 3 and above. In South Australia this is generally from the beginning of September until the end of April but care should also be taken at other times if the UVR is 3 or above.

1. Is hat wearing enforced or encouraged at your centre?
 - Yes – enforced
 - Yes – encouraged
 - No, neither enforced nor encouraged Go to Q3

2. What type/types of hats do children at your centre wear?
 - Broad brimmed hats
 - Legionnaire hats
 - Bucket hats (at least 5 cm brim and a deep crown)
 - Other: please specify _____

3. On a typical day from the start of September to the end of April, approximately how many children would be wearing broad brimmed, legionnaire or bucket hats?
 - All of the children
 - Most of the children
 - Half of the children
 - Some of the children
 - Very few of the children

Sun protection and babies.

Babies' skin is thinner than adults' skin; it is extremely sensitive and can burn easily. Babies can be at risk of sunburn even when they are in the shade, so make sure they are covered up when under the shade. Choose a hat that protects the baby's face, neck and ears such as a soft legionnaire style hat, with a flap at the back that will crumple easily when they put their head down. If infants are kept out of direct sun or well protected from UV radiation by clothing, hats and shade, sunscreen need only be used occasionally on very small amounts of their exposed skin.

4. Does your centre's sun protection practises consider the special needs of infants?
- Yes
- No
- Not applicable
5. What are the consequences for a child not wearing a hat when outside?
- They must remain in the shade - play allowed
- They must return indoors
- They must wear a hat from a set of hats provided by the Centre
- No restrictions
- Other: please specify: _____
6. Does your centre request that all staff wear broad brimmed, bucket or legionnaire hats while outside?
- Yes
- No
7. Does your centre encourage parents/carers to wear a sun protective hat when participating in the centre's outdoor program?
- Yes
- No
8. Do you request that children wear sun protective clothing during outdoor experiences e.g. shirts or dresses that cover the shoulders and shirts with collars and elbow length sleeves, longer style shorts and skirts?
- Yes
- No
9. What happens at your centre regarding the use of SPF 30+ broad spectrum, water resistant sunscreen?
(tick as many as applicable)
- Sunscreen is supplied by the centre for children's use
- Parents/carers sign a consent form allowing staff to apply sunscreen to children
- Parents/carers are encouraged to supply sunscreen for their children
- It is encouraged that children come to the centre wearing sunscreen
- Time is given for the application of sunscreen 20 minutes before children go outside
- Older children are encouraged to apply sunscreen themselves under adult supervision
- Sunscreen is re-applied every 2 hours while outside
10. Does your centre have planned experiences that focus on skin protection?
- Yes
- No

11. Do all staff actively reinforce sun protection practises in their regular interaction with children?
- Yes (go to Q 12)
- No (go to Q 13)
12. How do staff actively reinforce sun protection on a regular basis with the children?
- Role modelling
- Display of posters
- Discussion
- Picture storybooks or reference books
- Play experiences e.g. imaginative play
- Songs, poems or finger plays
- Games
- Other: please specify _____
13. Which of the following are in place to minimise the time spent outdoors during peak ultraviolet (UV) radiation times (10 am – 3 pm)?
- Outdoor experiences are held outside of these hours when possible
- Outdoor excursions are scheduled early or late in the day
- Lunch/snack is eaten inside
- Lunch/snack is eaten in shaded areas
- We allow indoor/outdoor play
- Other: please specify _____
14. Please describe the available shade at your centre. (tick as many as applicable)
- We have sufficient shade
- We have shady trees
- We have some built shade structures
- We have some portable shade structures
- We have plans to increase shade in the next 12 months
- Shade is not currently a priority area
- Shade poses funding concerns for our centre
15. Does your centre regularly review its skin protection policy?
- Yes (if so please state how often) _____
- No
- No, but we are planning to
16. Who was involved in the policy review?
- Co-coordinator/Director
- Staff
- Management committee
- Parents
- Peak early childhood organisation
- Cancer Council SA
- Other: please specify _____

17. Does your skin protection policy specifically mention:
- Appropriate hat wearing by children
 - Appropriate hat wearing by staff (role modelling)
 - Protective clothing for children (shirts with collars – no midriff or singlet straps)
 - Minimising time spent outside during peak UV period
 - Appropriate sunscreen use for children
 - Shade provision
 - Encouraging parents/carers to wear appropriate hats
 - Regular reinforcement of the SunSmart message (e.g. through newsletters, centre activities etc)
 - Regular monitoring and review plan in place
 - Other? Please specify _____
18. What obstacles (if any) has your centre encountered in regard to having a sun protection policy?
- Limited support by staff
 - Limited support by parents/carers
 - Limited support by management
 - Cost of sunscreen/hats
 - Cost of shade development
 - Insufficient information on policy content
 - Not a centre priority
 - Other: please specify _____

Signature of Director: _____

Director's Name (printed): _____

Centre: _____

Date: _____

**Becoming a SunSmart Centre tells the community that your centre is
committed to the future health of its children.**

Please return this questionnaire, along with a copy of your current skin protection policy to:

Early Childhood Project Officer
Cancer Council SA
PO Box 929
UNLEY BC SA 5061
t 08 8291 4149

For more information visit www.cancersa.org.au or contact **Cancer Council Helpline 13 11 20**.

***IMPORTANT* Don't forget to attach a copy of your current skin protection policy when returning this application form.**

Updated August 2009