



SunSmart schools program

application form

School: _____

Contact Name: _____ Position: _____

Address: _____

Postcode: _____

Telephone: _____ Fax: _____

Email: _____

School type: Government Independent Catholic Other: _____

School enrolment: _____ Year levels taught on campus: _____

Gender Composition: Boys Girls Date: _____

In South Australia it is recommended that a skin protection policy be implemented from the 1 September until the 30 April, when the ultraviolet radiation is most intense. Care should also be taken when the ultraviolet radiation level reaches 3 and above, at other times.

1. Is hat wearing enforced or encouraged at your school?

Yes—enforced

Yes—encouraged

No, neither enforced nor encouraged

Go to Q 3

2. What types of hats are enforced or encouraged at your school?

Any hat

Broad brimmed hats (at least 7.5 cm brim)

Legionnaire hats

Bucket hats (at least 6 cm brim and a deep crown)

Caps

Other—please specify _____

3. On a typical day, from the beginning of September until the end of April, about how many students would be wearing broad brimmed, legionnaire or bucket hats?

All of the students

Most of the students

Half of the students

Some of the students

Very few of the students

4. What are the consequences for a student not having a hat when outside?
- They must remain in the shade—play allowed
 - They must wear a hat from a class set of hats
 - No restrictions
 - Other—please specify _____
5. Does your school request that teachers/staff wear broad brimmed, bucket or legionnaire hats while outside?
- Yes
 - No
6. Does your school encourage parents to wear a sun protective hat when participating in or attending school outdoor activities?
- Yes
 - No
7. Are any of the following items included in your dress code/uniform?
- Broad brimmed, legionnaire or bucket hats
 - Shirts with collars
 - Shirts with elbow-length sleeves
 - Longer-style shorts/skirts
 - Rash vest or close fitting T-shirt over bathers for outdoor swimming
 - Sunglasses (optional)
8. What happens at your school regarding the use of SPF 30+ sunscreen?
- Sunscreen is available to students in all classrooms
 - Parents are encouraged to supply their children with sunscreen
 - Children are encouraged to come to school wearing sunscreen
 - Sunscreen is available for student use on specific occasions, e.g. PE, sports days, excursions
 - Sunscreen is available at various points around the school, e.g. canteen, PE
 - Time is given for the application of sunscreen before lunch break
 - Sunscreen is not supplied
9. In what year levels are, or will, SunSmart education be incorporated into the curriculum?
- Rec Yr 1 Yr 2 Yr 3 Yr 4 Yr 5 Yr 6 Yr 7
10. How is skin protection education incorporated into your school's curriculum?
- Class teachers are responsible
 - Our Health/PE specialist is responsible
 - We use student assemblies to encourage sun protection behaviour
 - We have whole school activities such as _____
 - SunSmart days, tree-planting etc
 - Other—please specify _____

11. Which of the following are in place to minimise the time spent outside during peak ultraviolet (UV) radiation times between September and April.
- Outdoor assemblies are held outside peak UV times, indoors or under shade
 - PE classes are held outside these hours
 - Sport is held outside these hours
 - Sports carnivals are held outside these hours and/or months
 - Outdoor excursions scheduled early in the day
 - Lunch is eaten inside
 - Lunch is eaten in special shaded areas
 - Swimming is held at an indoor venue where possible
 - We allow play indoors
 - We have an extended recess and shortened lunch break
 - Other—please specify _____
12. Please describe the available shade at your school.
- We have shady trees
 - We have some built shade structures
 - We have some portable shade structures
 - We have definite plans to increase shade in next 12 months
 - Shade is not currently a priority area
 - Shade poses funding concerns for our school
13. Does your school have a written skin protection policy?
- Yes (*please remember to attach a copy when returning this questionnaire*)
 - No Go to Q.16
 - No, but we are planning one Go to Q.16
14. Does this skin protection policy incorporate the OSCH program—particularly any vacation care programs that occur at the school?
(This will not be applicable for all schools)
- Yes
 - No
 - Not applicable
15. Who was involved in the development of the policy?
- Principal
 - School Council
 - Teachers
 - Parents
 - Students
 - Cancer Council SA
 - Other—please specify _____

16. What obstacles (if any) have your school encountered in introducing a skin protection policy?

Limited support by teachers/staff

Limited support by parents

Limited student cooperation

Cost of sunscreen

Cost of shade development

Insufficient information on policy development

Not a priority for school council

Other—please specify _____

Signature of Principal _____

Principal's name (please print) _____

Date _____

Becoming a SunSmart School tells the community that your school is committed to the future health of its students.

Please return this application form along **with a copy of your current skin protection policy** to: -

Schools Project Officer

Cancer Council SA

PO Box 929

Unley BC SA 5061

For more information visit www.cancersa.org.au or contact **Cancer Council Helpline 13 11 20**.

If you qualify as a SunSmart School you will receive a free 60 cm x 90 cm SunSmart School sign, a media release to use with your local newspaper and teacher resource material.

Updated August 2009