



# SunSmart schools program

## review questionnaire

School: \_\_\_\_\_

Contact Name: \_\_\_\_\_ Position: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

School type:  Government  Independent  Catholic  Other: \_\_\_\_\_

School enrolment: \_\_\_\_\_ Year levels taught on campus: \_\_\_\_\_

Gender Composition:  Boys  Girls Date: \_\_\_\_\_

### Privacy:

Your centre contact details will be used to provide you with information and resources relating to Cancer Council SA. All centre information will be at all times kept private and confidential, and no identifying information will be used for statistical purposes. If you wish to discuss the storage and use of your details, please contact **Cancer Council Helpline 13 11 20**.

**In South Australia it is recommended that a comprehensive skin protection policy be implemented when the ultraviolet radiation level (UVR) reaches 3 and above. In South Australia this is generally from the beginning of September until the end of April but care should also be taken at other times if the UVR is 3 or above.**

1. Is hat wearing enforced or encouraged at your school?  
 Yes—enforced  
 Yes—encouraged  
 No, neither enforced nor encouraged Go to Q 3
2. What types of hats are enforced or encouraged at your school?  
 Any hat  
 Broad brimmed hats (at least 7.5 cm brim)  
 Legionnaire hats  
 Bucket hats (at least 6 cm brim and a deep crown)  
 Caps  
 Other—please specify \_\_\_\_\_
3. On a typical day, from the beginning of September until the end of April, about how many students would be wearing broad brimmed, legionnaire or bucket hats?  
 All of the students  
 Most of the students  
 Half of the students  
 Some of the students  
 Very few of the students

4. What are the consequences for a student not having a hat when outside?
- They must remain in the shade—play allowed
  - They must wear a hat from a class set of hats
  - No restrictions
  - Other—please specify \_\_\_\_\_
5. Does your school request that teachers/staff wear broad brimmed, bucket or legionnaire hats while outside?
- Yes
  - No
6. Does your school encourage parents to wear a sun protective hat when participating in or attending school outdoor activities?
- Yes
  - No
7. Are any of the following items included in your dress code/uniform?
- Broad brimmed, legionnaire or bucket hats
  - Shirts with collars
  - Shirts with elbow-length sleeves
  - Longer-style shorts/skirts
  - Rash vest or close fitting T-shirt over bathers for outdoor swimming
  - Sunglasses (optional)
8. What happens at your school regarding the use of SPF 30+ broad spectrum sunscreen?
- Sunscreen is available to students in all classrooms
  - Parents are encouraged to supply their children with sunscreen
  - Children are encouraged to come to school wearing sunscreen
  - Sunscreen is available for student use on specific occasions, e.g. PE, sports days, excursions
  - Sunscreen is available at various points around the school
  - Time is given for the application of sunscreen before lunch break
  - Sunscreen is not supplied
9. In what year levels are, or will, SunSmart education be incorporated into the curriculum?
- Rec     Yr 1     Yr 2     Yr 3     Yr 4     Yr 5     Yr 6     Yr 7
10. How is skin protection education incorporated into your school's curriculum?
- Class teachers are responsible
  - Our Health/PE specialist is responsible
  - We use student assemblies to encourage sun protection behaviour
  - We have whole school activities such as SunSmart days, tree-planting etc
  - Other—please specify \_\_\_\_\_

11. Which of the following are in place to minimise the time spent outside during peak ultraviolet (UV) radiation times (10 am – 3 pm) between September and April.
- Outdoor assemblies are held outside peak UV times, indoors or under shade
  - Physical activity classes are held outside these hours
  - Sports carnivals are held outside these hours and/or months
  - Outdoor excursions scheduled early in the day
  - Lunch is eaten inside
  - Lunch is eaten in special shaded areas
  - Swimming is held at an indoor venue where possible
  - We allow play indoors
  - We have an extended recess and shortened lunch break
  - Other—please specify \_\_\_\_\_
12. Please describe the available shade at your school.
- We have shady trees
  - We have some built shade structures
  - We have some portable shade structures
  - We have definite plans to increase shade in next 12 months
  - Shade is not currently a priority area
  - Shade poses funding concerns for our school
13. Does your school regularly (at least every two years) review its written skin protection policy?
- Yes (*state when it was last reviewed*) \_\_\_\_\_
  - No
  - No, but we are planning one
14. Does this skin protection policy incorporate the OSCH program—particularly any vacation care programs that occur at the school? (This will not be applicable for all schools)
- Yes
  - No
  - Not applicable
15. Who was involved in updating your skin protection policy?
- Principal
  - School Council
  - Teachers
  - Parents
  - Students
  - Cancer Council SA
  - Other—please specify \_\_\_\_\_

16. Do you need any further assistance or have any comments/suggestions that you would like to add?

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Signature of Principal \_\_\_\_\_

Principal's name (please print) \_\_\_\_\_

Date \_\_\_\_\_

**Becoming a SunSmart School tells the community that your school is committed to the future health of its students.**

Please return this application form along **with a copy of your current skin protection policy** to: -

Schools Project Officer  
Cancer Council SA  
PO Box 929  
Unley BC SA 5061

For more information visit [www.cancersa.org.au](http://www.cancersa.org.au) or contact **Cancer Council Helpline 13 11 20**.

**Don't forget to attach your current skin protection policy when returning this form.**

Updated August 2009