



Protect yourself in
five ways when the
UV is 3 and above



Slip



Slop



Slap



Seek



Slide

Sun protection is required today

from _____ **to** _____

Maximum UV Index _____

For daily sun protection times at your location go to www.myuv.com.au.

Visit www.sunsmart.org.au to download the SunSmart app and for further information.