

Information sessions for sporting groups.

The risk of cancer increases as we get older, but did you know that at least one in three cancers diagnosed can be prevented?

There are a number of things you can do to reduce your cancer risk—be SunSmart, be smoke free, maintain a healthy weight, be physically active, have a healthy diet, limit alcohol consumption and participate in cancer screening.

Your club can make a difference by considering your sun protection practices, smoking policy, and food and drink provision.

To promote the cancer prevention message in your sporting club, we can:

- present an information session to club participants or to your committee
- provide articles for newsletters and publications
- provide guidance on cancer prevention policy and practice
- provide information, resources and promotional material.

What topics do we present?

- Reducing your cancer risk
- Skin cancer prevention and early detection
- Bowel cancer prevention and screening.

Topics can be tailored to suit a specific audience so please let us know what interests your club.

Book a **free session** today by completing this expression of interest form and return via email prevention@cancersa.org.au, fax **08 8291 4268** or post to **PO Box 929, Unley BC SA 5061**.

For more information, please call Diem on **08 8291 4168**, or email prevention@cancersa.org.au.

Sporting group information session—expression of interest

Sporting club: _____

Contact name: _____

Phone: _____ Email: _____

Proposed time and date: _____

Preferred session topic: _____

Address (where the session will be held): _____

Approximate number of attendees (min. 10 required): _____

Please advise what presentation facilities you have available:

Laptop/PowerPoint enabled device Projector Screen

