

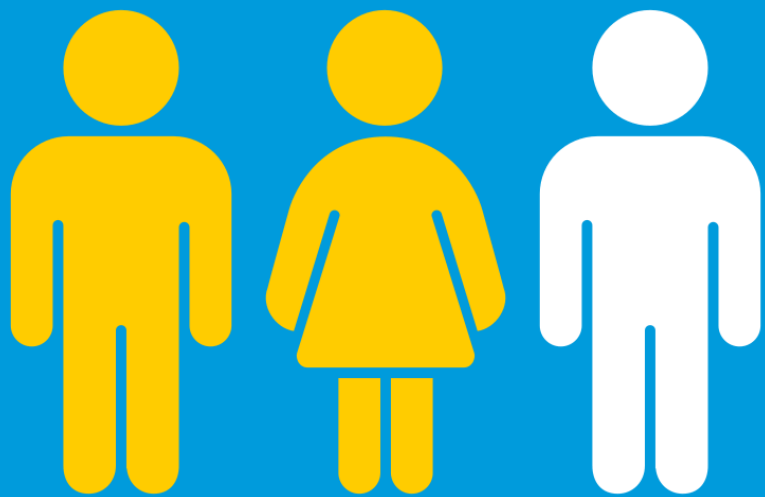
**Sun protection
is everyone's
responsibility.**



Proudly supported by
Cancer Institute NSW

The "SunSmart Hat Wearing Toolkit" resources are owned by Cancer Council NSW and are used by Cancer Council SA, under licence from Cancer Council NSW.





2 IN 3 AUSTRALIANS
will be diagnosed with skin
cancer by the age of 70



**95-99 per cent of
skin cancers are
preventable.**



The importance of being SunSmart.



Sun Protection Times

**Term 1, 3 and 4
+ whenever UV levels reach 3 and above
at other times**





**We're doing well.
But we can do
better.**



SunSmart hats are essential.

Broad-brimmed hats



Bucket hat



Legionnaire-style hat



Warning: Baseball caps expose the cheeks, ears and back of the neck to harmful UV radiation

How to get kids to wear SunSmart hats:

Three ways successful SunSmart schools protect students

1. Motivation



Encourage students to wear a SunSmart hat by:

Education:

- Using curriculum resources to teach sun safety
- Informing the school community about sun safety

Incentives:

- Offering rewards

2. Access



Provide students with easy access to a SunSmart hats by:

Policy:

- Selling only SunSmart hats at the uniform shop
- Allowing only SunSmart hats to be worn

Practice:

- Having spare or low cost hats available for students

3. Triggers



Remind students to wear SunSmart hats by:

Visual cues:

- Displaying posters

Reminders:

- Using morning packing checklist
- Attaching reminder tags to bag

Role modelling:

- Ensuring staff consistently role model SunSmart behaviours

Our Plan.

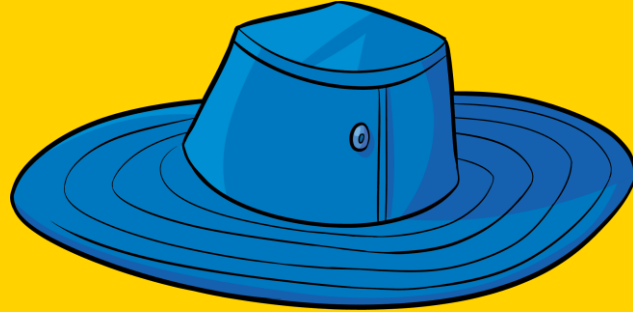


We need your help.



**Give the kids of today
a healthy tomorrow.**





Thank you

For more information, contact SunSmart

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