

# Chicken pasta salad



## Chicken pasta salad

**Serves: 4**  
**Preparation time: 15 minutes**  
**Cook time: 15-20 minutes**



### Ingredients

- 250 g packet farfalle (bow-tie) pasta
- 3 small chicken breast fillets, diced into 2 cm cubes
- 2 tbsp olive oil
- 150 g mushrooms, sliced
- 1 zucchini, sliced into rounds
- 1 punnet cherry tomatoes, halved
- 60 g rocket leaves
- ½ cup green pesto
- Pepper to season

### Method

1. Cook pasta as per packet instructions. Drain and set aside to cool.
2. Heat 1 tbsp of oil in a fry pan over medium to high heat. Pan fry chicken until cooked through. Set aside to cool.
3. Add the remaining oil to the pan and sauté mushrooms, zucchini and tomatoes until soft. Season with pepper and set aside to cool.
4. Place pasta, chicken and vegetables into a large bowl. Add rocket and pesto and gently toss to combine.

