

Sun protection policy review checklist for South Australian secondary schools.

Please use this checklist to assist with writing and reviewing your sun protection policy.

	<p>Sun protection times: The sun protection policy is in place during terms 1, 3 and 4 (or 1 August to 30 April), and when the UV radiation level is 3 and above at other times.</p> <p><i>If your location is in or south of Kingston SE or Naracoorte due to lower latitude, during August your school can choose to implement sun protection only when the UV is 3 and above. Procedures must be implemented to ensure sun protection times are monitored daily.</i></p> <p><i>If your location is in or north of Elliston, Cowell, Burra or Port Broughton it is particularly important to monitor sun protection times during May, June and July due to higher local UV Index from being closer to the equator.</i></p>
	<p>Scheduling: Care is taken during the peak UV radiation times and outdoor activities are scheduled outside of these times where possible. Sports days and other outdoor events to be held during term 2 or earlier in the day where practical. A combination of skin protection measures are considered when planning outdoor events (e.g. camps, excursions, sporting activities and swimming carnivals).</p>
	<p>Slip on clothing: Appropriate sun protective clothing is included in the school uniform/dress code. Clothing made of a closely woven material including tops with collars and longer sleeves and longer-style skirts, dresses and shorts are recommended. Rash tops or t-shirts over bathers are recommended for outdoor swimming activities.</p>
	<p>Slop on sunscreen: SPF 30 or higher broad spectrum, water resistant sunscreen is supplied by the school for students and staff use. Alternatively, families and staff are asked to supply their own sunscreen. Sunscreen is applied 20 minutes before outdoor activities and reapplied every two hours when outdoors. Outline in the policy your school's sunscreen application and reminder processes.</p>
	<p>Slap on a hat: All students and staff are required to wear a hat that gives good cover to the face, neck and ears. Broad-brimmed, legionnaire or bucket style hats are recommended. Baseball caps are not acceptable. Students who are not wearing appropriate hats or clothing are asked to play in areas protected from the sun.</p>
	<p>Seek shade: Students are actively encouraged to use available areas of shade for outdoor activities. The school has shade from at least two of the following:</p> <ul style="list-style-type: none"> – shady trees – built shade structures, and/or – portable shade structures. <p>If minimal shade is available, management have plans to invest in more.</p>
	<p>Slide on sunglasses (optional): If practical, encourage children to wear close fitting, wraparound sunglasses that meet the Australian Standard AS/ NZS 1067.1:2016 (Sunglasses: lens category 2, 3 or 4).</p>
	<p>Curriculum: Programs on skin cancer prevention are included in the curriculum of all year levels or every second year.</p>
	<p>WH&S and role modelling: For Work Health and Safety and role modelling, when the UV is 3 and above, staff are required to practice SunSmart behaviours including wearing sun protective clothing, sunscreen, appropriate hats and sunglasses and seek shade when outdoors. Alternatively, UV risk controls for staff may be covered in a separate Work Health and Safety policy.</p> <p>Visitors and parents are encouraged to role model SunSmart behaviours when participating in or attending outdoor activities with the school.</p>
	<p>Policy promotion: SunSmart behaviour is regularly reinforced and promoted to the whole school community (e.g. via newsletters, assemblies, bulletin boards, parent and staff meetings) and all families and staff members are informed of the policy.</p>
	<p>Policy review: The school reviews its sun protection policy regularly (at least every three years) to ensure that the information remains current and relevant.</p>