

How to check for skin cancers.



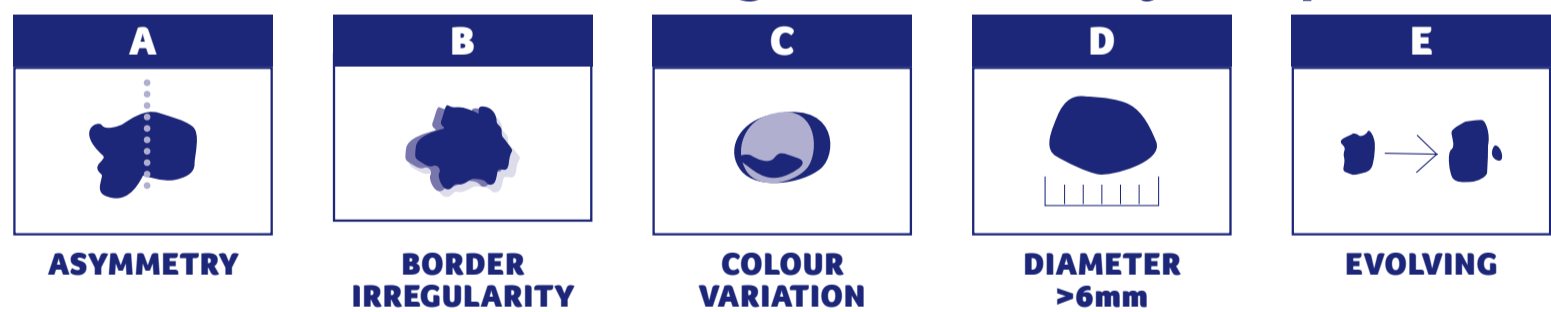
Cancer Council recommends undressing in good light and checking from top to toe. Use a mirror or the help of a friend, for hard to see spots. Check your skin regularly. If you notice anything new or unusual, or a spot that is changing in colour, shape or size, see your doctor immediately.

If found early, most skin cancers can be successfully treated.

SKIN CANCERS – SEE YOUR DOCTOR



Use the **ABCDE** melanoma guide to check your spots.



WARNING SIGNS

Solar keratosis—if left untreated may develop into skin cancer



HARMLESS SPOTS

Moles



Seborrhoeic keratosis



Photos courtesy of Dr Gerry Considine

SunSmart.org.au

