



CANCER CONNECT.



Talk to someone who understands what you're going through.

When you are impacted by cancer, you may feel upset, frightened, and overwhelmed. But you're not alone. We're here to help.

Cancer Connect volunteers are trained to listen, we aim to connect you, your carer or your loved ones over the phone with a trained volunteer who has been through a similar cancer experience.

Our volunteers can listen with understanding, share their experiences and provide practical information, reassurance and emotional support.



Who is Cancer Connect for?

Cancer Connect is for anyone over 18 who may be:

- recently diagnosed with cancer
- deciding on treatment options or trying to manage any side effects
- facing challenges during recovery or survivorship
- carrying a gene that increases the risk of developing cancer
- caring for a loved one with cancer.

For more information:

- call **Cancer Council 13 11 20**
- email askanurse@cancersa.org.au

Use your cancer experience to support others.

Have you been through a cancer experience?
Would you like to support others who are now facing the same concerns you did?

Cancer Connect is a telephone-based program that connects someone who has been impacted by cancer with a trained **Cancer Connect** volunteer who has been through a similar experience.

Who can volunteer?

People who have:

- recovered from cancer and are between one and ten years post treatment
- been diagnosed with a specific cancer type requiring long-term treatment, or
- supported family or friends through a cancer diagnosis.

Volunteer training

You will receive training and support to connect with others over the phone, providing emotional support, reassurance, and practical information based on your shared experience.

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“You can’t do this all on your own and sometimes people that are really close to us, like our family, just don’t understand. If I can share something that helps with what they’re going through, that’s what I want to do.”

- Mark, Cancer Connect Volunteer