

The truth about UV rays

TRUE



**Ultraviolet (UV)
radiation from
the sun can't
be seen or felt**

TRUE



**You can get
sunburnt on a cold
or cloudy day**

FALSE



**The amount of UV
that reaches the
earth is always the
same everywhere**

TRUE



**UV can damage
all skin types**

TRUE



**You need to apply
sunscreen every
two hours**

FALSE



**You don't need
sun protection
in winter**



sunsmart.org.au

For more information, contact SunSmart

Email: sunsmart@cancersa.org.au

Phone: (08) 8291 4265